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CENTRE



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UNIVERSITY
SCHOOL OF
SPORTS, EXERCISE &
NUTRITION SCIENCES
NAVI MUMBAI



IASMC N

2025

**45TH ANNUAL CONFERENCE OF
INDIAN ASSOCIATION OF SPORTS MEDICINE**

1st & 2nd March 2025
D Y Patil University, Nerul, Navi Mumbai



APPLIED FOR
MMC
CREDITS POINTS

PLATINUM SPONSOR



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SCIENTIFIC PROGRAM

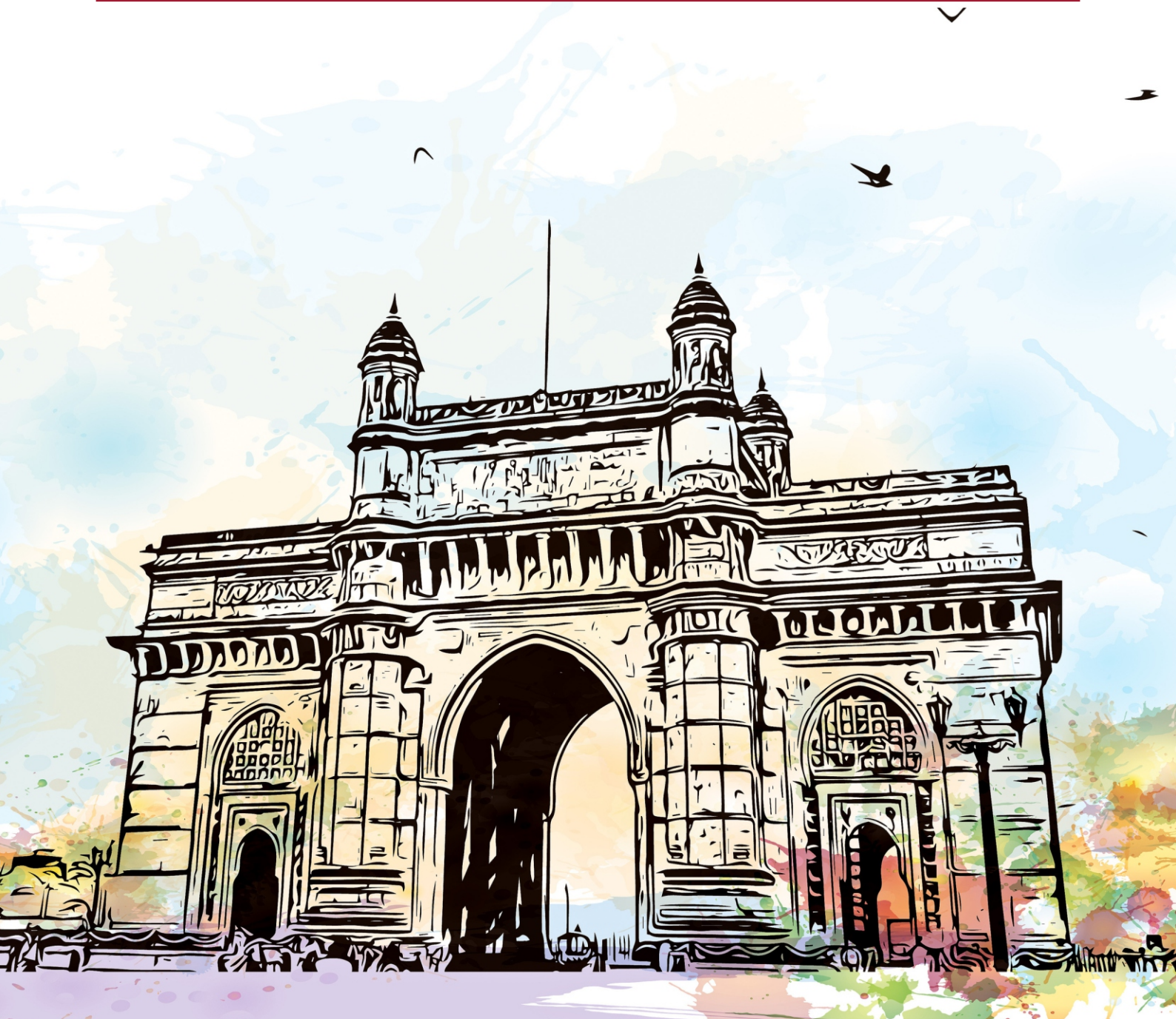
DAY 01 | SATURDAY, 1ST MARCH 2025

TIME	Hall A (Sports Science)	Hall B (Orthopedics)
09.00 - 09.15 am	Space Physiology: New Horizons in Human Performance	Biomechanics of ACL Deficient Knee
09.15 - 09.30 am	Integration of New Technologies in Sports Physiology	ACL reconstruction simplified Recent advancements in ACL / meniscus surgery
09.30 - 09.45 am	Heart Rate Variability – Relevance in Sports Performance	ACL deficient knee & case scenario
09.45 - 10.00 am	Rest, Recharge, Repeat: Harnessing the Benefits of Sleep for Athletes	Case scenario discussion
10.00 - 11.00 am	INAUGURATION BY CHIEF GUEST & WELCOME CEREMONY	
11.00 - 11.15 am	Engineering the sporting movement, breaking down the chronic pain - (ACL injury Preventive measure for athletes)	Understanding Patellar instability
11.15 - 11.30 am	Functional Rehabilitation of Sports Injuries	Clinical Examination of the knee: ACL + Meniscus
11.30 - 11.45 am	Fine tuning the recovery - markers & strategies	PCL
11.45 - 12.00 pm	Adolescent athletes & introductory level in specific sport	
12.00 - 01.00 pm	LUNCH & NETWORKING	
01.00 - 01.15 pm	Reimagining therapeutic techniques: Advancements in psychological intervention techniques	Pune Shoulder Rehab Program - Dr. Ashish Babulkar & Team (1:00 - 5:00 pm)
01.15 - 01.30 pm	Beyond the physical: Futuristic psychological approaches for performance enhancement and dealing with modern age stressors	
01.30 - 01.45 pm	A shift from traditional to new age educational practices in Sports Psychology	
01.45 - 02.00 pm	Revolutionizing sports psychology evaluations: Charting the future with brain mapping	
02.00 - 03.00 pm	Panel Discussion - Holistic Approach in Athlete Development	
03.00 - 03.30 pm	Keynote Address - Dr. Ashok Ahuja	
03:30 - 03:45 pm	Sports Conditioning Training	

SCIENTIFIC PROGRAM

DAY 01 | SATURDAY, 1ST MARCH 2025

TIME	Hall A (Sports Science)	Hall B (Orthopedics)
03:45 - 04:00 pm	Load Monitoring Systems	
04:00 - 04:15 pm	Strength Training in Para athletes	
04:15 - 04:30 pm	In Season S&C	
04:30 - 05:00 pm	HIGH TEA & NETWORKING	
05:00 - 06:00 pm	GBM IASM	
07:00 - 10:00 pm	GALA DINNER & NETWORKING	



SCIENTIFIC PROGRAM

DAY 02 | SUNDAY, 2ND MARCH 2025

TIME	Hall A (Sports Science)	Hall B (Orthopedics)
09.00 - 09.15 am	Traveling with the team: A Team Doctor's perspective	Ankle sprain: Indication for surgery
09.15 - 09.30 am	Prevention of Sudden Cardiac Death in active population	Role of Rehab after Ankle sprain
09.30 - 09.45 am	Role of 3D Motion analysis in Injury Prevention in Cricket	Chronic ankle pain in an athlete
09.45 - 10.00 am	Classification and Challenges in Para Sports	Stress fractures around the ankle and foot
10.10 - 10.15 am	Evidence Based Practice to leverage sports science for patient care: Interdisciplinary Perspective	Footwear for athletes
10.15 - 10.30 am	Photobiomodulation therapy for Sports Performance	Plantar fasciitis management is current concept
10.30 - 10.45 am	NCSSR & its role in Sports Sciences in India	Achilles Tendon in Athletes
10.45 - 11.00 am	MSK Ultrasound & Orthobiologics in Sports	
11.00 - 11.30 am	Keynote Address	Keynote Address: Dr. Dinshaw Pardiwala
11.30 - 11.45 am	Sensor Fusion: Integrating Biomechanics into Performance Analysis	Introduction to Sports Dentistry - Importance, Scope & emerging trends
11.45 - 12.00 pm	Breaking Barriers: Exploring Biomechanics in Paralympic Sports	
12.00 - 12.15 pm	Advanced Biomechanics of Muscle-Driven Performance: Innovations, Integration, and Interdisciplinary Insights	Panel Discussion - Challenges, opportunities and innovation in Sports Dentistry
12.15 - 12.30 pm	Footwear Revolution: Intelligent Designs for Adaptive Performance	(3-4 panelists including sports dentists, sports medicine specialists, and researchers) Moderator from IASD
12.30 - 12.45 pm	Gut Microbiome Manipulation for Performance	Advances in Sports Dentistry: Mouthguard fabrication & trauma management
12.45 - 01.00 pm	Cultivating a Healthy Relationship with Food in Athletes	
01.00 - 01.15 pm	The Gut-Brain Connection: How Gut Health Impacts Athletic Performance	
01.15 - 01.30 pm	Optimizing Weight Management in Combat Sports: Strategies for Performance Enhancement	

SCIENTIFIC PROGRAM

DAY 02 | SUNDAY, 2ND MARCH 2025

TIME	Hall A (Sports Science)	Hall B (Orthopedics)
01.30 - 01.45 pm	Hypermobility Syndrome - Exploring the enigmatic phenomenon in sports and musculoskeletal health	Sports Dentistry Quiz
01.45 - 02.00 pm	Road to 2036 Olympics: Challenges with Indian Sports Ecosystem	
02.00 - 03.00 pm	LUNCH & NETWORKING	
03.00 - 04.00 pm	Paper Presentation + Poster Presentation	
04.00 - 04.30 pm	VALEDICTORIAN SPEECH & CLOSING CEREMONY	

PRE-CONFERENCE WORKSHOPS FRIDAY, 28TH FEBRUARY 2025 | 09:00 AM - 05:00 PM

VENUE	WORKSHOP	FACULTY
Hall A	Hands-On Workshop on Sports Rehabilitation	Christopher Pedra Vaibhav Daga
Hall B	Anti-Doping Awareness for Sports	Dr Kiran Kulkarni Dr Dobson Dominic
Hall C (Centre for Medical Simulation)	Simulation based On Field Management of Sports Injuries	Dr Ajit Baviskar

For any Information, please contact: info.iasmcon25@gmail.com

Scientific Program info on: iasmcon25.committee@gmail.com

*This schedule is tentative & subject to change.

REGISTRATION PACKAGES

PRE CONFERENCE WORKSHOP REGISTRATION

Date: 28th February 2025

CATEGORY	CHARGES
1. Simulation Based on Field Management of Sports Injuries (25 Seats Only)	Rs. 6000/-
2. Hands-On Workshop on Sports Rehabilitation	Rs. 5000/-
3. Anti-Doping Awareness for Sports	Rs. 5000/-

Note: Any one Pre Conference Workshop can be availed

NON-RESIDENTIAL REGISTRATION

CATEGORY	Up till 31st Oct 2024	1st Nov 2024 - 31st Dec 2024	1st Jan 2025 - 15th Feb 2025	Spot Registration
IASM Members	Rs. 6000/-	Rs. 7000/-	Rs. 8000/-	Rs. 9000/-
Non-IASM Members	Rs. 7000/-	Rs. 8000/-	Rs. 9000/-	Rs. 10000/-
P. G. Students	Rs. 5000/-	Rs. 6000/-	Rs. 7000/-	Rs. 8000/-

REGISTRATION FEES INCLUDE

Registration for the Conference, Breakfast, Lunch and Tea on all days, Gala Banquet Dinner on 1st March 2025, Visit to Trade Exhibition

CANCELLATION POLICY

- 75% of the registration fee will be refunded for cancellations received on or before 31st October 2024.
- 50% of the registration fee will be refunded for cancellations received on or before 31st December 2024.
- 25% of the registration fee will be refunded for cancellations received on or before 15th February 2025.
- No Refund for cancellation received post 16th February 2025.

Conference Secretariat:



RNS Events & Exhibitions

Office No. 6, Market Building, Ground Floor, Chafekar Bandhu Marg, Mulund East, Mumbai - 400081
Avani - 77670 72720 | Email: projects@rnsevents.com

Click here to register : bit.ly/iasmcon2025



45TH ANNUAL CONFERENCE OF INDIAN ASSOCIATION OF SPORTS MEDICINE

1st & 2nd March 2025

D Y Patil University, Nerul, Navi Mumbai

REGISTRATION FORM (PLEASE FILL IN UPPER CASE) Fields marked * are mandatory

Surname*: First Name*:

Postal Address*:

City*: Pincode*: State*: Country*:

Membership No.*: Medical Council No.*:

Tel. (with area code): Residence: GST No.

Active E-mail ID*: Mobile*:

All future communications will be through email and mobile via SMS.

Preferred Room Partner (in case of twin sharing occupancy):

Category: (Please ✓ mark in the box)

NON RESIDENTIAL REGISTRATION

- IASM Members
- Non-IASM Members
- P.G. Students

PRE CONFERENCE WORKSHOPS (OPTIONAL)

- Simulation Based on Field Management of Sports Injuries
- Hands-On Workshop on Sports Rehabilitation
- Anti-Doping Awareness for Sports

Note: Any one Pre Conference Workshop can be availed

Please make payment by DD / Cheque in favour of "IASMCON" payable at Mumbai.

www.iasm.co.in

Please send the duly filled registration form along with DD / Cheque to:

Conference Secretariat: **RNS Events & Exhibition**
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Prachi Surve: 09702272453 | Email: projects@rnsevents.com